

## Active Hope – Healing Our Planet and Ourselves Dancing the Spiral

With Amina and Arif and Carol and Paula at Woolman Hill Retreat Center 107 Keets Road, Deerfield MA
Friday March 11th to Sunday March 13th

Join us as we blend Dances of Universal Peace; practices from the Work That Reconnects; chanting, conversation and quiet times in nature. We will speak and dance our gratitude for the blessings in our lives. We will open our hearts to the unraveling of our beautiful world, and move into courageous explorations of our deepest creativity. By the close of the workshop, we will be prepared to participate, ever more joyfully and effectively, in the healing of our world.

All are welcome. Learn about the Dances of Universal Peace: <a href="http://dancesofuniversalpeacena.org">http://dancesofuniversalpeacena.org</a>; learn about the Work that Reconnects: <a href="http://workthatreconnects.org">http://workthatreconnects.org</a>

Leaders: Dance Leaders Arif Leininger and Amina Silk; WTR facilitators Carol Harley and Paula Hendrick

Beautiful nourishing food for awakening our body temple, prepared lovingly by Amina. Cost for accommodations and food is \$165 for the weekend. Starting with a potluck for Friday supper. Ending after lunch on Sunday. We will send out a welcome letter with more details as the weekend approaches.

We work on a love offering basis – experimenting with the gifting economy. So if you are moved in the Heart and would like to support us in continuing this work your dana will be gratefully received and appreciated. There is a 12 minute gifting economy video at <a href="http://sacred-economics.com/">http://sacred-economics.com/</a>

Space is limited – send us a minimum \$50 deposit or pay in full to hold your space. Checks can be made out to Arif Leininger 106 Chestnut Street, Gardner MA 01440 (When you send a check – please also send us an email to let us know -thank you) Contact information – Amina1Arif@gmail.com 978 502 0247
Paula Hendrick catsitter43@gmail.com