

RECHARGE TOGETHER

*A day of Active Hope
to strengthen us for challenging times*

Saturday,
January 27, 2018
9am—4pm

Champlain Valley Unitarian
Universalist Society
Middlebury, VT

For Registration Information
contact Heidi Willis
redsprings@myfairpoint.net
352-4327

Two Registration Options:

- 1) Half Day: 9am - noon
- 2) Full Day: 9am - 4pm

BYO lunch
\$10 suggested donation

Sponsored by:
Addison County Interfaith
Climate Action Network (ICAN)

Dramatic planetary changes and events of this past year challenge us to find and maintain equanimity internally and in community. We are called to be fully present and empowered to contribute our gifts and strengths for personal, interpersonal, and planetary healing. This day of experiential, interactive practices--inspired by the methods of Joanna Macy--gives us opportunity to deeply embrace gratitude and pain in these times. These practices can open pathways to expand our collective power to promote life-sustaining ways for present and future times. Please join us for a day of nourishing interconnection within ourselves, and with one another and all of life. The day's activities will help energize us with honesty, truth-speaking and renewed vision.

Workshop Facilitators:
Marc Lapin is a conservation ecologist who has worked with Joanna Macy and brought the Work That Reconnects to communities and classrooms for over 10 years. A college teacher and consultant, Marc's methods emphasize interconnectedness with all life, multiple ways of knowing, and the nexus of science and spirit. **Kristen Andrews** works at the intersection of education, ecological design and social justice. Bringing a diversity of experience as an educator, non-profit director, herbalist and farmer, Kristen engages in and encourages practices of earth-connection, gratitude and reciprocity.