

## Workshop

# “Moving Forward in Uncertain Times”

with Lisa Galinski & Verne McArthur

**Thursday, January 21st**

**6:30-9:00 pm on Zoom** (*Free of charge*)

*We've intentionally planned this workshop for the day after the Presidential Inauguration.*

**What does uncertainty mean *right now*?**

**What do we hope will go back to “normal”? What must change?**

**How can we be in the uncertainty of the present, and access the creativity needed to dream a better world and help create it?**

We live in times of great uncertainty, great change and great potential. In this workshop we will use the Work That Reconnects to acknowledge the range of feelings that are present around this national transition and unblock our inner and outer resources as we move forward. Through group sharing, music, gentle movement and community insights, we access new sources of energy so we can move toward what's next with more clarity, openness and empowerment.

**Register here: <http://bit.ly/WTRJan21>**

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**Lisa Galinski is a transformative coach and workshop leader** who creates authentic learning spaces to support folks who are engaged in personal and societal evolution and want to respond to the world with heart, wisdom, and compassionate action. She was trained by Joanna Macy and has been facilitating Work That Reconnects for over 5 years. **Any questions? [Lisa.galinski@gmail.com](mailto:Lisa.galinski@gmail.com)**

**Verne McArthur is a retired college teacher, non-retired activist, workshop leader, and song-leader.** He has long used Work That Reconnects ideas and exercises in his teaching and workshops to help folks move beyond a sense of helplessness and toward hopeful action. He has been trained by Joanna Macy and seeks to follow her outlook that we are in the midst of an exciting adventure of transformation toward a much better world. **Any questions? [vernemca@gmail.com](mailto:vernemca@gmail.com)**

